

## Community Services Boards & Mental Health Centers

**Chesterfield CSB** [www.chesterfield.gov/csb](http://www.chesterfield.gov/csb)  
 Main Line 804-768-7220  
 Mental Health Intake 804-768-7318  
 Mental Health Crisis Line 804-748-6356

**Crossroads CSB** [www.crossroadscsb.org](http://www.crossroadscsb.org)  
*Areas Served: Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, Prince Edward*  
 Main Line 434-392-7049  
 434-392-7208  
 Emergency Services-24 Hour 1-800-548-1688

**District 19 CSB** [www.d19csb.com](http://www.d19csb.com)  
*Areas Served: Colonial Heights, Emporia, Hopewell, Petersburg, Dinwiddie, Greensville, Prince George, Sussex, Surry*  
 Main Line 804-862-8054  
 24-Hour Crisis Hotline 804-862-8000  
 (Toll Free: 1-866-365-2130)  
 Emporia Crisis Line (Toll Free): 1-434-634-2020  
 Crisis Assessment Center 804-862-6095

**Goochland-Powhatan CSB** [www.gpcsb.org](http://www.gpcsb.org)  
 Main Line  
*Goochland* 804-556-5400  
*Powhatan* 804-598-2200  
 Emergency Services-24 Hour  
*Goochland* 804-556-3716  
*Powhatan* 804-598-2697

**Hanover CSB** [www.hanovercounty.gov](http://www.hanovercounty.gov)  
 Main Line 804-365-4222  
 Emergency Services-24 Hour 804-365-4200

**Henrico CSB** [www.henrico.us/mhds](http://www.henrico.us/mhds)  
*Areas Served: Henrico, Charles City, New Kent*  
 Main Line 804-727-8500  
 Request for Services 804-727-8515  
 Emergency Services-24 Hour 804-727-8484

**Richmond Behavioral Health Authority** [www.rbha.org](http://www.rbha.org)  
 Main Line 804-819-4000  
 Crisis Services-24 Hour 804-819-4100  
 TDD 804-819-4145

**Southside CSB** [www.sscsb.org](http://www.sscsb.org)  
*Areas Served: Brunswick, Halifax, Mecklenburg*  
 Main Line 434-572-6916  
 Emergency Services  
*Brunswick* 434-848-4121  
*Halifax* 434-572-2936  
*Mecklenburg* 434-738-0154

## Regional Specific Community Resources

**Crossroads**  
 Pregnancy Support Center [www.pscfarmville.org](http://www.pscfarmville.org)  
 Main Line 434-392-8483  
 Help-line-24 Hour 1-877-888-8383

Southside Center for Violence Prevention--Madeline's House at Piedmont Crisis Center [www.madelineshouse.org](http://www.madelineshouse.org)  
 Main Line 434-292-1077  
 Domestic Violence & Sexual Assault Hotline-24 Hour 1-888-819-2926  
 Health Center for Women & Families 434-392-8177

Holistic Moms Network  
 Southside VA Chapter [www.southsideva.holisticmoms.org](http://www.southsideva.holisticmoms.org)  
 Main Line 1-877-HOL-MOMS (465-6667)  
 Partners in Care  
 Main Line 434-298-6106  
 434-292-9054

*Faith-based support services for members, veterans, and families*

Habitat for Humanity 434-392-6627  
 Adult Literacy Program  
 Tri-County Life Learners 434-392-9019

Healing after Suicide Mental Health America [www.mhacv.org](http://www.mhacv.org)  
 Of Central Virginia 434-847-9055

Kid's Haven: A Center for Grieving Children 434-845-4072

**Goochland-Powhatan**  
 Goochland Social Services/Shelter [www.co.goochland.va.us](http://www.co.goochland.va.us)  
 804-556-5880  
 Goochland Sheriff Department [www.goochlandsheriff.org](http://www.goochlandsheriff.org)  
 804-556-5348  
 Goochland Free Clinic & Family Services [www.goochlandfreeclinicandfamilyservices.org](http://www.goochlandfreeclinicandfamilyservices.org)  
 804-556-5480

Powhatan Social Services [www.powhatanva.gov](http://www.powhatanva.gov)  
 804-598-5630  
 Powhatan Sheriff Department [www.powhatanva.gov](http://www.powhatanva.gov)  
 804-598-5656  
 The Free Clinic of Powhatan [www.freeclinicofpowhatan.org](http://www.freeclinicofpowhatan.org)  
 804-598-5637

Living Free-Christ Centered Recovery Group 804-556-5700  
 Domestic Violence Program-24 Hour 804-980-6267

**Richmond**  
 Richmond VA Medical Center  
 Suicide Prevention Coordinator 804-675-5000 (Ext. 3499)

Survivor of Suicide Loss Support Group  
 Monument Heights Baptist Church email: [namicva@aol.com](mailto:namicva@aol.com)

Virginia Veteran and Family Support 804-819-4000

**District 19**  
 Mental Health First Aid Training 804-863-1689; 804-862-8002  
 Virginia Veteran and Family Support 804-862-8002

**Henrico**  
 Walking Thru the Valley  
 Christ Church Episcopal 804-921-2459  
 Healing After Suicide 804-458-4586  
 Nelson Funeral Home [www.nelsonfh.com](http://www.nelsonfh.com)  
 Main Line 804-909-0123  
*Provides a listing of local support groups in the Richmond area*  
 Grief Share  
 Poplar Springs Baptist Church 804-795-7316  
 Place for Teens 804-357-2994

## Region IV Psychiatric Hospitals

**Bridges Treatment Center**  
 693 Leesville Road  
 Lynchburg, VA 24502  
 434-200-5700

**Tucker Pavilion Chippenham Hospital**  
 7101 Jahnke Road  
 Richmond, VA 23225  
 804-323-8846

**CENTRA Virginia Baptist Hospital**  
 3300 Rivermont Avenue  
 Lynchburg, VA 24503  
 434-947-4444

**University of Virginia Health System**  
 125 Lee Street  
 Charlottesville, VA 22903  
 434-924-2198  
 434-924-3627

**John Randolph Medical Center**  
 411 W. Randolph Road  
 Hopewell, VA 23860  
 1-800-999-0374  
 804-541-1600

**VCU/MCV**  
 1300 East Marshall Street  
 Richmond, VA 23298  
 804-828-8200  
 804-828-9000

**Poplar Springs Hospital**  
 350 Poplar Drive  
 Petersburg, VA 23805  
 804-733-6874  
 1-866-546-2229 (24-Hour)

**Virginia Treatment Center for Children**  
 515 North 10<sup>th</sup> Street  
 Richmond, VA 23219  
 804-828-8822  
 804-828-3129

**Richmond Community Hospital**  
 1500 N. 28<sup>th</sup> Street  
 Richmond, VA 23223  
 804-287-3581  
 804-225-1700

**St. Mary's Hospital**  
 5801 Bremono Road  
 Richmond, VA 23226  
 804-287-7836  
 804-285-2011

**Southside Community Hospital**  
 800 Oak Street  
 Farmville, VA 23901  
 434-392-8811

**Region IV Crisis Stabilization Programs**  
 St. Joseph's Villa: 804-874-9119  
 REACH: 1-855-282-1006

## National & Regional Resources

**National Suicide Prevention Lifeline**  
1-800-273-TALK (8255)

**National Suicide Prevention Hotline**  
1-800-852-8336

**National Alliance on Mental Illness (NAMI)**  
1-800-950-6264

**National Alliance on Mental Illness-Central Virginia**  
804-285-1749

**National Graduate Student Crisis Line (24 Hour)**  
1-800-GRD-HELP

**American Foundation for Suicide Prevention (AFSP)**  
804-868-0082

**Army National Guard Resilience, Risk Reduction, and Suicide Prevention**  
434-298-6036  
757-406-3345

**VA Army National Guard Suicide Prevention Program**  
434-298-6149

**Ft. Lee Suicide Prevention Program**  
804-734-3415

**Jason Foundation Resource Center**  
Community Assistance Resource

Line (CARL)  
972-810-3093  
804-320-3911 (Local)  
*Provides awareness and prevention on youth suicide*

**VA Child Abuse Hotline**  
1-800-552-7096

**Adult Protective Services Hotline**  
1-888-832-3858

**Alcoholics Anonymous** [www.aa.org](http://www.aa.org)  
804-355-1212

**AL-NON** [www.va-al-anon.org](http://www.va-al-anon.org)  
804-353-4885

**Narcotics Anonymous** [www.na.org](http://www.na.org)

**Full Circle Grief Center (Richmond)**  
804-912-2947

**Virginia Veteran and Family Support (South Boston)**  
434-572-6916 (Ext. 310)

**Virginia Department of Veteran Services**  
804-371-4675 (Local)  
1-877-285-1299 (Toll Free)

## Resources for Youth & Young Adults

**Kids Health** [www.kidshealth.org](http://www.kidshealth.org)  
*Provides interactive health related information for youth and teens*

**Society for the Prevention of Teen Suicide** [www.sptsusa.org/teens](http://www.sptsusa.org/teens)  
*Provides first person messages from other teens and additional resources*

**ULifeline** [www.ulifeline.org](http://www.ulifeline.org)  
*Provides online resources for college mental health specific to your college or university*

**GradResources** [www.itgetsbetter.org](http://www.itgetsbetter.org)  
*Provides support for young people of the LGBT community*  
Facebook: [www.facebook.com/itgetsbetterproject](http://www.facebook.com/itgetsbetterproject) --"Like" Us  
Twitter: @itgetsbetter

## Health Planning Region IV

Community Services Boards, Suicide Prevention,  
and Mental Health Services  
Resource Guide



*A network of community resources dedicated to helping individuals and families live happy, healthy, and meaningful lives*